



Personal Care Kit

Place items in a sealable one-gallon plastic bag.

- **One gallon plastic zip lock bags**
- **Hand towel**
- **Small bath towel**
- **Bar of soap/bottle body wash**
- **Wash Cloth/Scrungy**
- **Shampoo (& Conditioner)**
- **Deodorant - Mens & Womens**
- **Toothbrush & Floss**
- **Toothpaste**
- **Mouth wash**
- **Hair Comb**
- **Hair Brush**
- **Hair Gel/Spray**

Optional Items

- **Nail file or clippers**
- **Lotion**
- **Lip Balm**
- **Tissues**
- **Sunscreen**