

My Story God's Book

2025 Iowa Missouri
Women's Retreat



October 17-19, 2025

Registration
Opens July 14

Airport Embassy Suites - 7640 NW Tiffany Springs Pkwy, Kansas City, MO 64153 - (816) 891-7788

Early bird registration
July 14 - Sept 8 - \$120

Regular registration
Sept 9 - Oct 1 - **\$140**
Registration closes Oct 1, 2025

Childcare (under 2 y/o) provided.
Please register for childcare.
(All volunteers will be screened through
Sterling Volunteers)

Please register for **Gluten Free** meals.
These will only be provided to those
with specific meal tickets.

The ABC will deliver pre-ordered, canned/dry
foods and will have a selection of gifts and books
available. Visit [www.ks-ne.org/departments/
adventist-book-center](http://www.ks-ne.org/departments/adventist-book-center)
Or scan this QR Code

(Food Price List
at bottom of page)



Call (402) 488-3395 to order
and prepay.

Hotel room block available through Sept. 25
Reserve lodging at
<https://www.sertifi.com/embassysuiteskansascity>
or call (888) 240-8273

Saturday Night Entertainment

Rayne extracts material from her southern preachers daughter upbringing and directly from her own wacky Midwestern life, into a delightfully silly show. From her off-the-wall family, her church work, her marriage, her kids...it all factors in. Her originality and love for Jesus shines through and you will find yourself growing closer to God, and laughing at the same time!

Christian Comedian
Rayne Ethetton



Young Ladies

Are you a teen between the ages of 13 -19?

Join us for a weekend filled with powerful speakers, fun activities, crafts and more. This weekend will take you on a journey to grow your walk with Jesus and give you practical tools of how to share that love with others around you. Register early to secure your spot!

Scan me



Registration
Opens

July 14, 2025

Scan QR code or visit www.imsda.org/wr25 to register.

(For registration questions call Charity Infante (573) 239-8745)



Main Speaker

Elder Donna Brown

Mid-America Union
Women's Ministry Leader

Sister Donna was born and raised in Kansas to godly parents who helped ground her into her faith. At a young age she developed a love for ministry to God in any capacity, from feeding the flock with physical food to providing spiritual food through spoken words and music. After graduating from Oakwood College, she worked as a budget analyst for the US Government for 36 years. All the while, holding nearly every position available in church. She now thrives in Women's Ministry!

Breakout Sessions

Sabbath, Session #1

2:00-2:45pm

A. What Language are You Speaking?

5 love languages and how they impact our relationships

B. Naming the Overwhelm

When you're not ok (and that's ok) An honest, grace-filled introduction to emotional and spiritual overwhelm

C. Unprocessed

Balanced, realistic meals in a world of processed foods

Sabbath, Session #2

3:00-3:45pm

D. Pink Tool Box

Walking alongside someone during a difficult time requires special tools. Come pick up some new pink tools to add to your toolbox that will help you be effective in your ministry to others

E. Unbreakable Marriage

When Satan comes for your marriage how will you make it indestructible

Sabbath, Session #3

4:00-4:45pm

F. Sitting Pretty

How to take a plain banquet table at your church or home and make it eye popping beautiful

G. Parenting Unplugged

Mother/child panel on parenting in a digital age

H. The Commission

Practical tools for taking the 3 Angels message and reaching those around us

Sunday, Session #4

9:00-9:45am

I. The Journey

Creatively walking daily with your Bible

J. Navigating the Chaos

Sacred Rest: How to Find Peace in a World That Never Stops